

NOTE TO HOME

Number Three: Goals and Dreams

Points Covered in this Lesson:

- ✓ Read and discussed the poem “Harlem” by Langston Hughes.
- ✓ Completed an activity to learn *how to set and achieve goals and dreams*.
- ✓ Discussed possible *obstacles* to achieving goals.
- ✓ Discussed the importance of *determination* and *desire* in achieving goals.
- ✓ Asked student to discuss their goals with someone he/she trusts and to rework these goals until they have two feasible plans: 1) *immediate* and 2) *future*.

Possible Discussion Topics at Home:

- ✓ Discuss further the poem “Harlem” by Langston Hughes (see attachment on next page).
- ✓ Talk about realistic vs. unrealistic goals. See if you can come with examples of each.
- ✓ Talk about the goals and dreams that your child has.

“Harlem”

What happens to a dream deferred?

**Does it dry up
like a raisin in the sun?
Or fester like a sore –
And then run?**

**Does it stink like rotten meat?
Or crust and sugar over –
like a syrupy sweet?**

**Maybe it just sags
like a heavy load.**

Or does it just explode?

-Langston Hughes, 1951
