

Handout #4: Communications II

STUCK IN A RUT

Jeff has worked on his goal achievement plan for several years now. He plans to finish high school and go to college to become a dentist so he can help his parents in their old age, and help his younger brother and sisters. He hopes to marry and start his own family sometime after he finishes his college education.

Julie has worked on her goal achievement plan as well. She plans to finish high school, then get a job and go to nursing school. She hopes to one day meet the right man, get married and have a family.

Something new has happened to Jeff and Julie's lives. Jeff and Julie met during the summer while hanging out at the swimming pool. After several weeks of dating, they started "making out", and then they went "all the way." Now, three weeks later, Jeff has started feeling uncomfortable. It seems to him that Julie is too serious about the relationship. He thinks she is demanding too much by trying to keep him exclusively to herself. He feels tied down, but is afraid to tell her. He does not believe that having sex is enough to make the relationship this serious.

On the other hand, Julie is happy. She is sure that she now has a secure relationship, and she finally has met the right man for her.